
Position Details

Title: Director of Psychiatric Care

Location: Milford & Fairfield, CT

Employment Type: Part-Time

Expected Hours: 15-20 hours per week

Pay: Commensurate with experience starting at \$100,000

About Us

At Coastal Connecticut Counseling, we believe mental health care should feel human, not corporate. As a clinician-owned practice, we're built on the values of compassion, connection, and community—and we work every day to live those values inside and outside our walls. We provide high-quality therapy and psychiatric services across the lifespan, while making care accessible through insurance partnerships and financial assistance, because we believe mental health support should never be a luxury.

At Coastal, you're not just another employee—you're part of a team that supports one another, invests in your growth, and celebrates your impact. We foster a collaborative environment where your ideas are heard, your development is prioritized, and your work genuinely makes a difference in the lives of our clients and our community.

If you're looking for a place where you can grow your career, build real connections, and be part of something meaningful, we'd love to hear from you.

Position Summary

At Coastal, we're looking for a dynamic and compassionate Advanced Practice Registered Nurse (APRN) licensed in Connecticut to join our growing team. In this dual role, you'll not only provide high-quality psychiatric mental health care, but also mentor and supervise APRNs and APRN interns—helping shape the next generation of psychiatric providers.

If you're an experienced APRN who's passionate about clinical excellence, leadership, and building a supportive community, this is an exciting opportunity to lead, teach, and grow within a practice that values both clinical expertise and human connection.

Key Responsibilities

- Conduct comprehensive psychiatric evaluations and assessments for Coastal clients across the lifespan.
- Develop and implement individualized treatment plans, including medication management and therapeutic interventions.

- Provide ongoing monitoring of client progress and adjust treatment plans as clinically indicated.
 - Collaborate with families, caregivers, therapists, and other healthcare professionals to ensure coordinated, client-centered care.
 - Maintain accurate, timely, and compliant documentation in accordance with Coastal policies, HIPAA regulations, and clinical standards.
 - Participate actively in case consultations, clinical supervision meetings, and interdisciplinary team discussions.
 - Supervise and support APRNs and APRN interns through chart reviews, case consultations, and clinical skill development.
 - Provide clinical education and learning opportunities for Coastal's clinicians on psychiatric medication advancements and best practice guidelines.
 - Stay current with evidence-based practices, research, and emerging developments in psychiatric care.
 - Participate in Coastal's community engagement initiatives, including internal workshops and external events.
 - Support the continued growth and expansion of Coastal's services throughout Connecticut through clinical leadership and collaboration.
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Skills

- Strong diagnostic and clinical decision-making abilities
 - Excellent interpersonal, leadership, and mentorship skills
 - Comfort working independently and collaboratively within a multidisciplinary team
 - Proficiency with Electronic Health Records (EHR) and strong documentation practices
 - Ability to provide clear, constructive feedback and clinical supervision
 - Strong organizational, time management, and prioritization skills
 - Conflict resolution and problem-solving abilities
 - Commitment to continuous learning and professional development
 - Clinical documentation and compliance awareness to meet ethical and regulatory standards
 - Training and teaching skills to support the professional growth of APRNs and interns
 - Collaborative spirit with a growth mindset and adaptability to evolving practice needs
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Qualifications

- Education: Master's or Doctorate in Nursing with a focus on psychiatric/mental health
 - Licensure: Active APRN license in the state of Connecticut
 - Experience: Minimum 3 years of experience in adult, adolescent or child psychiatry; prior supervisory experience is preferred
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Benefits

- 401(k) plan
- PTO

- Opportunity to move into a full time role for the right candidate

How to Apply

Visit our website at www.CoastalConnecticutCounseling.com/career-opportunities to submit your application